

## CMHC CURRICULUM

### Major Requirements (48 Semester Hrs) Couples, Marriage, and Family Counseling Concentration (12 Hrs)

**FALL COHORT** each in Arlington & Palm Coast

\*Note: students meet once per week (3-8:45pm) in Fall & Spring semesters  
and twice per week (3-7pm) in Summer semester

Course	Semester Hours
<b>Semester 1 (Fall) 12 credit hrs.</b>	
MHC 501: Human Growth and Development	3
MHC 502: Legal, Ethical, and Professional Standards	3
MHC 503: Counseling Theories and Practices	3
MHC 504 Introduction to Counseling Skills and Practice	3
<b>Semester 2 (Spring) 12 credit hrs.</b>	
MHC 505: Behavioral Research and Evaluation	3
MHC 506: Diagnosis and Treatment of Psychopathology	3
MHC 507: Group Theories and Practice	3
MHC 509: Social and Cultural Foundations in Counseling	3
<b>Semester 3 (Summer) 9 credit hrs.</b>	
MHC 508 Individual Evaluation and Assessment	3
MHC 510: Career and Lifestyle Assessment in Counseling	3
MHC 604: Addictive Behaviors Counseling	3
<b>CPCE (Counselor Preparation Comprehensive Examination) This exam is required.</b>	
<b>Semester 4 (Fall) 9 credit hrs.</b>	
MHC 601: Community Based Counseling	3
MHC 605: Family Systems: Theories & Practice of Marriage and Family Therapy	3
MHC 603: Clinical Practicum (200 contact hours)	3
(Winter) MHC 999: Group supervision	0
<b>Semester 5 (Spring) 9 credit hrs.</b>	
MHC 610: Introduction to Play Therapy	3
MHC 511: Human Sexuality Counseling	3
MHC 606: Internship I (350 contact hours)	3
<b>NCMHCE (National Clinical Mental Health Counselor Exam). This exam is <u>NOT</u> required for graduation but is required for Florida state licensure. All graduates are encouraged to take this exam in the semester before or shortly after graduation.</b>	
<b>Semester 6 (Summer): 9 credit hrs.</b>	
MHC 607: Family Systems: Couples Therapy	3
MHC 612: Family Systems: Filial and Family Counseling	3
MHC 609: Internship II (250 contact hours)	3
<b>Total</b>	<b>60 Hours</b>